

# PLAY LA YOUTH AND ADAPTIVE YOUTH SPORTS

## Fall 2023: Learn to Surf

**Program Requirements: Ages 9-17 years and Swim 100 yards\***

\*must be done prior to registration.

**\$10**

Learn to Surf is a program designed for youth to learn basic oceanic safety through surf education. Participants will learn:

- Identification of hazards at the beach
- Paddling in & around the surf zone
- Body surfing
- Popping up

All necessary equipment will be provided to participants which includes surfboards and wetsuits. Each participant will also receive a rash guard, T-shirt & shorts.

### Learn to Surf Levels

#### Level 1 Beginner

- No prior surfing experience.

#### Level 2 Advance Beginner

- Familiar with surfing with some prior experience.
- Needs assistance with standing on the board.

#### Level 3 Intermediate

- Can catch waves the majority of time without assistance.
- Riding in waves for a duration of 10 seconds.

Pick-up time 8:00 AM\*

Onsite at Beach Location 9:00 AM to 2:00 PM\*

Drop-off time back to original site 3:00 PM\*

\*All times are estimates



Session	Dates	Registration	Pick-Up Locations	Beach Locations
#1	Saturdays 9/9, 9/16, 9/23, 9/30	August 26 @ 9am	Cleveland, Richard Alatorre	Venice Beach
#1	Sundays 9/10, 9/17, 9/24, 10/1	August 26 @ 9am	Celes King III, Algin Sutton	Venice Beach
#2	Saturdays 10/7, 10/14, 10/21, 10/28	September 23 @ 9am	Van Ness	Dockweiler
#2	Sundays 10/8, 10/15, 10/22, 10/29	September 23 @ 9am	Banning, EG Roberts	Dockweiler
#3	Saturdays 11/4, 11/11, 11/18, 12/2	October 21 @ 9am	Richard Alatorre	Dockweiler
#3	Sundays 11/5, 11/12, 11/19, 12/3	October 21 @ 9am	Hubert Humphrey, Celes King III	Dockweiler

Visit: [www.laparks.org/discover-activities](http://www.laparks.org/discover-activities) to register.

If transportation is needed from the pick-up location to the beach location select "Yes" when registering.

Persons with disabilities are welcome to participate in our aquatic programs.  
Reasonable accommodations will be made with prior arrangements.

